

The Naturopathic Society presents

How Biography Becomes Biology *with Dr. Epstein*

for NDs, Students, and Healthcare Practitioners

When: Thursday, August 8th from 12:15-1:45pm
Where: Room 7
Southwest College of Naturopathic Medicine

Dis-ease tells a story, not just about our cells and a diagnosis, but of ourselves and our lives. We'll explore how biography becomes biology, and how listening to our life stories connects us to our authentic being.

The focus of this presentation will be to integrate the clinical application of mindfulness and mind-body therapies into a practice of Naturopathic Medicine.

- Explore how one's biography becomes their biology
- Cultivate compassionate awareness and healing presence
- Enhance the effectiveness of the therapeutic relationship

